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THE E5 SCHOOL

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School Code: 41462

ACADEMIC SESSION: 2025-26

GRADE: 11TH ARTS

ANNUAL PLANNER

PSYCHOLOGY (NCERT Class 11)

Months	Week	Topics/Chapters	Activity/Practical
APRIL	Week 1	Chapter 1: What is Psychology?	Discussion on definition and branches of Psychology
	Week 2	Chapter 2: Methods of Enquiry in Psychology	Demonstration of Psychological Tools
	Week 3	Chapter 2 (Contd.)	Activity on Observation and Interview Method
	Week 4	Chapter 3: The Bases of Human Behaviour	Brain and Nervous System Model Activity
MAY	Week 1	Chapter 3 (Contd.)	Discussion on Endocrine System and Heredity
	Week 2	Chapter 4: Human Development	Case Study on Developmental Stages
	Week 3	Chapter 4 (Contd.)	Role Play on Adolescence Issues
	Week 4	Chapter 5: Sensory, Attentional and Perceptual Processes	Experiment on Attention
JUNE	SUMMER VACATION		
JULY	Week 1	Chapter 5 (Contd.)	Illusions and Perception Activity
	Week 2	Chapter 6: Learning	Demonstration of Classical Conditioning
	Week 3	Chapter 6 (Contd.)	Activity on Reinforcement and Punishment
	Week 4	Chapter 7: Human Memory	Activity on Memory Techniques
AUGUST	Week 1	Chapter 7 (Contd.)	Experiment on Forgetting
	Week 2	Chapter 8: Thinking	Group Discussion on Problem Solving
	Week 3	Chapter 8 (Contd.)	Activity on Decision Making
	Week 4	Chapter 9: Motivation and Emotion	Survey on Human Needs and Emotions
SEPTEMBER	TERM -1 EXAMINATION		
OCTOBER	Week 1	Practical Sessions	Conducting and Recording Psychological Experiments
	Week 2	Case Studies & Research Projects	Report Compilation

	Week 3	Practical File Completion	Peer Review
	Week 4	Revision	Concept Recap and Test
NOVEMBER	Week 1	Practice Papers & Mock Tests	MCQ Practice
	Week 2	Mock Viva & File Submission	Oral Exam
DECEMBER	FINAL PRACTICAL EXAMS		
JANUARY	THEORY REVISION		
FEBRUARY	REVISION & MOCK TESTS		
MARCH	TERM -2 EXAMINATION		

HISTORY (NCERT - CBSE)

Months	W eek	Chapters	Map
APRIL	Week I	Writing and city life	
	Week 2		
	Week 3		
	Week 4		
MAY	Week I	An empire across three continents	States and
	Week 2		Union
	Week 3		Territories
	Week 4		
JUNE	SUMMERSUM		

JULY	Week 1	Nomadic empires	
	Week 2		
	Week 3		
	Week 4		
AUGUST	Week 1	Three orders	
	Week 2		
	Week 3		
	Week 4		
SEPTEMBER	TERM -1 EXAMINATION		
OCTOBER	Week 1	Changing cultural traditions	
	Week 2		
	Week 3		
	Week 4		
NOVEMBER	Week 1	Displacing indigenous people	
	Week 2		
	Week 3		
	Week 4		
DECEMBER	1-4	Path to modernization	
JANUARY	1-4	Revision	
FEBRUARY	1-4	Revision	
MARCH	TERM -2 EXAMINATION		

PHYSICAL EDUCATION

MONTHS	WEEK	CHAPTERS	ACTIVITY
APRIL	1 ST	UNIT - 1 Management of Sporting Events	Hand ball
	2 ND		
	3 RD		
	4 TH		
MAY	1 ST	UNIT -2 Children And Women in Sports UNIT- 3 Yoga as Preventive measure for Lifestyle Disease	Hand ball
	2 ND		
	3 RD		
	4 TH		
JUNE	SUMMER VACATION		
JULY	1 ST	UNIT - 4 Physical Education & Sports for (CWSN) UNIT -5 Sports & Nutrition	Hand ball
	2 ND		
	3 RD		
	4 TH		
AUGUST	1 ST	UNIT -6 Test and Measurement in Sports UNIT - 7 Physiology & Injuries in Sports	Volley ball
	2 ND		
	3 RD		
	4 TH		
SEPTEMBER	TERM-1 EXAMINATION		

MONTHS	WEEK	CHAPTERS	ACTIVITY
OCTOBER	1 ST	UNIT - 8	Volley ball
	2 ND	Biomechanics and Sports	
	3 RD	UNIT - 9	
	4 TH	Psychology and Sports	
NOVEMBER	1 ST	UNIT - 10	Volley ball
	2 ND		
	3 RD		
	4 TH	Traning in Sports	
DECEMBER	REVISION		
JANUARY	REVISION		
FEBRUARY	REVISION		
MARCH	TERM – II EXAMINATION		

ENGLISH SYLLABUS BIFURCATION

Months	WEEK	Grammar	Writing Skills	Snapshot	Hornbill	Activity
APRIL	1st	<u>4 .Integrated Grammar.Tense</u> <u>Excercise and editing task.</u>	3. Poster making	1..Introductio n syllabus and blueprint discussion.	2. The portrait of lady	.
	2nd					
	3rd					
	4th					
MAY	1st		1.Note Making	4. The summer of the beautiful white horse.	2. A Photograph(poem) 3. We are not afraid to die - if we can all be together.	
	2nd		Speech writing			
	3rd					
	4th					
JUNE	SUMMER VACATION					
JULY	1st	3. Grammar gap filling	4. .Advertisment: Classified - Situation vacant /wanted	—	1.Discovering Tut:The Saga Continues 2. The laburnum top(poem)	
	2nd					
	3rd					
	4th					
AUGUST	1st	4. Transformation of sentences,Narration	1.Advertisment: To let ,Property for sale	2. The address	3.The voice of the rain(poem)	
	2nd					
	3rd					
	4th					
SEPTEMBER	TERM -1 EXAMINATION					
OCTOBER	1st	4.Clauses ,types of clauses	3 .Advertisment : Tour and travels,lost and found	1 .Mother's day	2. The adventure	
	2nd					
	3rd					
	4th					
NOVEMBER	1st	4.Transformation of sentences. Integrated grammar excercise	4. Advertisment:Change of time / person/items/things	1.Birth 3.The tale of melon city	2.Silk road 3. Silk road 2.Father to son	
	2nd		1.Debate writing			
	3rd					
	4th					

DECEMBER	1st	REVISION
	2nd	
	3rd	
	4th	
JANUARY		REVISION
FEBRUARY		REVISION
MARCH		TERM -2 EXAMINATION

Fine Arts

Book name - Panaromic history of arts

Months	Week	Topic	Book work	Acrtivity
APRIL	1	Introduction of art	·Ch-1. (Art an Indtroduction , Fundamental of arts	How to make a composition
	2	Composition painting		
	3	Shadangas		
	4	Fundamental of arts		
MAY	1	Origin of Art	Ch-2 Prehistoric Rock Painting Ch-3 Art of Indus Valley civilisation	Human anatomy
	2	Ch-2		
	3	Ch-2 Caves of bhimbetka and artworks		
	4	Human anatomy		

		Ch-3 Art of Indus Valley civilisation		
JUNE	Summer vacation			
JULY	1	Ch-4 Art during Mauryan period	Ch-4 Art during Mauryan , Shunga , Kushan and gupta period	. portrait
	2	Art during shunga period		
	3	Art during Kushan and gupta period		
	4	How to make the portrait		
AUGUST	1	ch-5 The art of Ajanta caves	Ch-5 The art of Ajanta caves	Advertisement
	2	The art of Ajanta caves (painting		
	3	Poster design (Asvertisement and commercial		
	4			
SEPTEMBER	TERM - 1 EXAMINATION			
OCTOBER	1	Indian temples	Ch-6 Indian temples	Pencil sketching
	2	Study of Famuous temples	Ch-7 Indian sculptures	
	3	Indian sculptures		
	4			
NOVEMBER	1	Ch-8 Indo - islamic	Ch-8 Indo- islamic architecture	File decoration
	2	Architecture		
	3	File decoration		
	4			
DECEMBER	1	Resvision		
	2			
	3			

	4	Revision
JANUARY	1	
	2	
	3	
	4	
FEBRUARY	REVISION	
MARCH	TERM -2 EXAMINATION	

Sub - 11th music

Months	WEEK	Writing Skills	Activity
Practical	1st	●□□□□	*□□□□
	2nd	*□□□□□	*□□□□□
		*□□□	Practical
	3rd	*□□□□□□	
	4th		
MAY	1st	*□□□	*□□□
	2 nd	*□□□□	Practical
	3 rd	□□	
	4th		
JUNE	SUMMER VACATION		
JULY	1st	*□□□	*□□□□□□
	2nd	*□□□□□□	Practical
		*□□□□□□	
	3rd	*□□□□□□□□□□	
	4th		
AUGUST	1st	*□□□□□	*□□□□□
	2nd	*□□□□□□	*□□□□□□
	3rd	*□□□□□□ □ □□□□ □□□□□	Practical
	4th	*□□□	
		*□□□ □□□□□	
SEPTEMBER	TERM -1 EXAMINATION		
OCTOBER	1st	*□□□□	□□□□□
	2nd	*□□□□□□	Practical

	3rd	*□□□□□	
	4th	*□□□□□□ □□□□□□ □□□□□□□	
NOVEMBER	1st	*□□□□□□ □□□□□□ □□□□□□□	□□□□□
	2nd		Practical
	3rd		
	4 TH		
DECEMBER	1st	*□□□□□□□□	□□□ – □□□□□□
	2nd	*□□□ – □□□□□□□□	Practical
	3rd		
	4th		
JANUARY	1st	* □□□□□□	*□□□ – □□□□□
	2nd	* □□□ – □□□□□	Practical
	3rd		
	4th		
FEBRUARY	REVISION		
MARCH	TERM -2 EXAMINATION		