

THE E5 SCHOOL NH-9, Delhi Road, Garhi, Hansi (Haryana)



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ACADEMIC SESSION: 2025-26

GRADE: 11TH ARTS

ANNUAL PLANNER

PSYCHOLOGY (NCERT Class 11)

Months	Week	Topics/Chapters	Activity/Practical
APRIL	Week 1	Chapter 1: What is Psychology?	Discussion on definition and branches of Psychology
	Week 2	Chapter 2: Methods of Enquiry in Psychology	Demonstration of Psychological Tools
	Week 3	Chapter 2 (Contd.)	Activity on Observation and Interview Method
	Week 4	Chapter 3: The Bases of Human Behaviour	Brain and Nervous System Model Activity
MAY	Week 1	Chapter 3 (Contd.)	Discussion on Endocrine System and Heredity
	Week 2	Chapter 4: Human Development	Case Study on Developmental Stages
	Week 3	Chapter 4 (Contd.)	Role Play on Adolescence Issues
	Week 4	Chapter 5: Sensory, Attentional and	Experiment on Attention
		Perceptual Processes	
JUNE		SUMMER	VACATION
JULY	Week 1	Chapter 5 (Contd.)	Illusions and Perception Activity
	Week 2	Chapter 6: Learning	Demonstration of Classical Conditioning
	Week 3	Chapter 6 (Contd.)	Activity on Reinforcement and Punishment
	Week 4	Chapter 7: Human Memory	Activity on Memory Techniques
AUGUST	Week 1	Chapter 7 (Contd.)	Experiment on Forgetting
	Week 2	Chapter 8: Thinking	Group Discussion on Problem Solving
	Week 3	Chapter 8 (Contd.)	Activity on Decision Making
	Week 4	Chapter 9: Motivation and Emotion	Survey on Human Needs and Emotions
SEPTEMBER		TERM -1 EX	AMINATION
OCTOBER	Week 1	Practical Sessions	Conducting and Recording Psychological Experiments
	Week 2	Case Studies & Research Projects	Report Compilation

	Week 3	Practical File Completion	Peer Review	
	Week 4	Revision	Concept Recap and Test	
NOVEMBER	Week 1	Practice Papers & Mock Tests	MCQ Practice	
	Week 2	Mock Viva & File Submission	Oral Exam	
DECEMBER		FINAL I	PRACTICAL EXAMS	
JANUARY		THI	CORY REVISION	
FEBRUARY		REVISI	ON & MOCK TESTS	
MARCH		TERM	-2 EXAMINATION	

HISTORY (NCERT - CBSE)

Months	W eek	Chapters	Map
APRIL	Week I	Writing and city life	
	Week 2		
	Week 3		
	Week 4		
MAY	Week I	An empire across three continents	States and
	Week 2		Union
	Week 3		Territories
	Week 4		
JUNE		SUMM	IERVACATION

JULY	Week 1	Nomadic empires	
	Week 2		
	Week 3		
	Week 4		
AUGUST	Week 1	Three orders	
	Week 2		
	Week 3		
	Week 4		
SEPTEMBER		TERM -	1 EXAMINATION
OCTOBER	Week 1	Changing cultural traditions	
	Week 2		
	Week 3		
	Week 4		
NOVEMBER	Week 1	Displacing indigenous people	
	Week 2		
	Week 3		
	Week 4		
DECEMBER	1-4	Path to modernization	
JANUARY	1-4		Revision
FEBRUARY	1-4		Revision
MARCH		TERM	-2 EXAMINATION

PHYSICAL EDUCATION

MONTHS	WEEK	CHAPTERS	ACTIVITY		
APRIL	1 ST				
	2^{ND}	UNIT - 1			
	3 RD	Management of Sporting Events	Hand ball		
	4 TH				
MAY	1 ST	UNIT -2			
	2^{ND}	Children And Women in Sports			
	3 RD	UNIT- 3	Hand ball		
	4 TH	Yoga as Preventive measure for Lifestyle Disease	1111111		
JUNE		SUMMER VACATION			
JULY	1 ST	UNIT - 4			
JULI	2 ND	Physical Education & Sports for (CWSN)	Hand ball		
	$\frac{2}{3^{\text{RD}}}$	UNIT -5	Titalia oun		
	4 TH	Sports & Nutrition			
AUGUST	1 ST	UNIT -6	Volley ball		
	2^{ND}	Test and Measurement in Sports	•		
	3 RD	UNIT - 7			
	4 TH	Physiology & Injuries in Sports			
	'				
SEPTEMBER		TERM-1 EXAMINA	TION		

MONTHS	WEEK	CHAPTERS	ACTIVITY	
OCTOBER	1 ST	UNIT - 8	Volley ball	
	2^{ND}	Biomechanics and Sports	•	
	3 RD	UNIT - 9		
	4 TH	Psychology and Sports		
NOVEMBER	1 ST	UNIT - 10	Volley ball	
	2^{ND}		·	
	3 RD	Traning in Sports		
	4^{TH}	rraining in sperio		
DECEMBER		REV	ISION	
JANUARY	REVISION			
FEBRUARY	REVISION			
MARCH	TERM – II EXAMINATION			

	ENGLISH SYLLABUS BIFURCATION							
Months	WEEK	Grammar	Writing Skills	Snapshot	Hornbill	Activity		
APRIL	1st	4 .Integrated	3 · Poster making	1Introductio	2.· The			
	2nd			المراد والمراد والمراد	in a service of			
	3rd	<u>Grammar.Tense</u>		n syllabus and	portrait of			
	4th	Excercise and		blueprint	lady			
		editing task.		discussion·				
MAY	1st		1.Note Making	4. The summer of	2. A			
	2nd			the beautiful	Photograph(poem)			
	3rd		Speech writing	white horse.	3. We are not afraid			
	4th				to die - if we can all			
					be together.			
JUNE			SUMMER VACATION					
JULY	1st		4Advertisment: Classified		1.Discovering			
	2nd		- Situation vacant /wanted		Tut:The Saga			
	3rd	3. Grammar gap filling			Continues			
	4th				2. The laburnum			
					top(poem)			
AUGUST	1st	4. Transformation of	1.Advertisment: To	2.	3.The voice of the			
	2nd	sentences, Narration	let ,Property for sale	The address	rain(poem)			
	3rd							
	4th							
SEPTEMBER	1.4		TERM -1 EXAMINATION	1 34 4 2 1	b T1 1 .			
OCTOBER	1st 2nd		3 .Advertisment : Tour and	1 .Mother's day	2. The adventure			
	3rd	4.Clauses ,types of clauses	travels,lost and found					
	4th							
NOVEMBER	1st			1.Birth	2.Silk road			
	2nd	4.Transformation of	time / person/items/things		3. Silk road			
	3rd	sentences.		3.The tale of				
	4th	Integrated grammar	1.Debate writing	melon city	2.Father to son			
		excercise						

DECEMBER	1st	REVISION
	2nd	
	3rd	
	4th	
JANUARY		REVISION
FEBRUARY	REVISION	
MARCH		TERM -2 EXAMINATION

Fine Arts

Book name - Panaromic history of arts

Months	Week	Topic	Book work	Acrtivity
APRIL	1	Introduction of	·Ch-1. (Art an Indtroduction , Fundamental of	How to make a composition
		art	arts	
	2	Composition		
		painting		
Ţ	3	Shadangas		
Ţ	4	Fundamental of		
	4	arts		
MAY	1	Origin of Art		Human anatomy
Ţ	2	Ch-2		
Ţ		Ch-2 Caves of	Ch-2 Prehistoric Rock Painting	
	3	bhimbetka and		
		artworks		
ſ		Human anatomy		
	4	!	Ch-3 Art of Indus Valley civilisation	

Ch-3 Art of Indus Summer vacation JULY					
JUNE Ch-4 Art during Mauryan period aperiod period period period Art during shunga Art during shunga Art during mauryan Shunga Kushan and pupta period Art during mauryan Shunga Kushan and period Art during mauryan Shunga Kushan and portrait			Ch-3 Art of Indus		
JULY 1 Ch-4 Art during Mauryan period 2 Art during shunga ch-4 Art during Mauryan, Shunga, Kushan and period Art during 3 Kushan and gupta period 4 How to make the portrait AUGUST 1 ch-5 The art of Ajanta caves 2 The art of Ajanta caves 2 The art of Ajanta caves (painting Poster design (IINE		valicy civilisation		<u> </u>
Art during shunga period 2 period Art during Mauryan , Shunga , Kushan and gupta period 4 How to make the portrait 4 How to make the portrait 2 The art of Ajanta caves 2 The art of Ajanta caves 2 The art of Ajanta caves 4 Asvertisment and commercial 4 Family 1 Indian temples 8 SEPTEMBE R OCTOBER 1 Indian temples 5 Study of Famous temples 3 Indian sculptures 4 Ch-8 Indo - islamic architecture 3 File decoration 4 Indian temples 1 Ch-8 Indo - islamic architecture 5 File decoration 1 Indian temples 6 The Art during Mauryan , Shunga , Kushan and portrait purples 4 Ch-5 The art of Ajanta caves Advertisement Advertis			Ch-4 Art during	Summer vacation	Ţ.
Art during shunga Ch-4 Art during Mauryan, Shunga, Kushan and gupta period Art during Kushan and gupta period Art during Kushan and gupta period Art during Kushan and gupta period A thow to make the portrait Ch-5 The art of Ajanta caves Advertisement Ajanta caves (painting Poster design (1			
AUGUST 1 Ch-5 The art of Ajanta caves Advertisement		2		Ch-4 Art during Mauryan, Shunga, Kushan and	portrait
AUGUST 1 ch-5 The art of Ajanta caves 2 The art of Ajanta caves 2 The art of Ajanta caves 2 The art of Ajanta caves 3 Asvertisement and commercial 4 TERM - 1 EXAMINATION R OCTOBER 1 Indian temples 2 Study of Famuous temples 3 Indian sculptures 4 Tender of Ajanta caves Ch-6 Indian temples Ch-7 Indian sculptures NOVEMBE R R OCTOBER 1 Ch-8 Indo - islamic architecture 3 File decoration 4 TERM - 1 EXAMINATION Pencil sketching File decoration File decoration R Resvision		2	period		
Period How to make the portrait How to make the portrait					
AUGUST Ch-5 The art of Ajanta caves Ch-5 The art of Ajanta caves (painting		3			
AUGUST	_				
1		4	portrait		
Ajanta caves 2	AUGUST	1		Ch-5 The art of Ajanta caves	Advertisement
SEPTEMBE Asvertisment Asvertis					
Poster design (2			
SEPTEMBE R Study of Famuous temples Ch-7 Indian sculptures Ch-8 Indo- islamic architecture Silamic Architecture 3 File decoration 4 Ch-8 Indo- Ch-8 Indo- islamic architecture 3 File decoration 4 Ch-8 Indo- Ch-8 Indo- islamic architecture Ch-8 Ind	-				
SEPTEMBE SEPTEMBE Ch-6 Indian temples Ch-7 Indian sculptures Ch-8 Indo- islamic architecture R Ch-8 Indo- islamic architecture		3			
SEPTEMBE R OCTOBER 1 Indian temples Ch-6 Indian temples Ch-7 Indian sculptures NOVEMBE R NOVEMBE R DECEMBER 1 Ch-8 Indo - islamic Architecture 3 File decoration 4		J			
SEPTEMBE R OCTOBER 1 Indian temples Ch-6 Indian temples Study of Famuous temples Ch-7 Indian sculptures NOVEMBE R 1 Ch-8 Indo - islamic Architecture 3 File decoration 4 Study of File decoration 4 Resvision R Resvision		4			
OCTOBER 1 Indian temples Study of Famuous temples Ch-7 Indian sculptures Study of Famuous temples Ch-7 Indian sculptures			1	TERM - 1 EXAMINATION	
2 Study of Famuous temples Ch-7 Indian sculptures		1	Indian temples	Ch-6 Indian temples	Pencil sketching
NOVEMBE R I Ch-8 Indo - islamic architecture 3 File decoration 4 File decoration DECEMBER 1 Resvision		2	Study of	-	
NOVEMBE 1 Ch-8 Indo - Ch-8 Indo - islamic architecture R 2 islamic Architecture 3 File decoration 4 DECEMBER 1 Resvision					
NOVEMBE R			Indian sculptures		
R 2 islamic Architecture 3 File decoration 4 DECEMBER 1 2 Resvision	NOTE: CE				
2 Architecture	_	1		Ch-8 Indo- islamic architecture	File decoration
4 Resvision DECEMBER 1 2 2 2 2 3 3 3 3 3 3	R		Architecture		
DECEMBER 1 Resvision			File decoration		
2		4			
	DECEMBER	1		Resvision	
3					
		3			

	4	
JANUARY	1	Revision
	2	
	3	
	4	
FEBRUARY		REVISION
MARCH		TERM -2 EXAMINATION

Sub - 11th music

Months	WEEK	Writing Skills	Activity	
	1st	•□□□	*	
Practical	2nd	*	*	
		*	Practical	
	3rd	*		
	4th			
MAY	1st	*	*	
	2 nd	*	Practical	
	3 rd			
	4th			
JUNE		SUMMER VAC	ATION	
JULY	1st	* 🗆 🗆	*	
	2nd	*	Practical	
		*00000		
	3rd	**		
	4th			
AUGUST	1st	*	*	
	2nd	*	*□□□□□	
	3rd	*	Practical	
	4th	*		
		*000 0000		
SEPTEMBER		TERM -1 EX	AMINATION	
OCTOBER	1st	**		
	2nd	*00000	Practical	

	3rd	**		
	4th			
		*		
NOVEMBER	1st	*		
	2nd		Practical	
	3rd			
	4 TH			
DECEMBER	1st	*00000		
DECLIVIBLI	2nd	_	Practical	
	3rd	*	riactical	
		_		
	4th			
JANUARY	1st	*	*000-0000	
	2nd	* 000-0000	Practical	
	3rd			
	;.4th			
FEBRUARY	REVISION			
MARCH	TERM -2 EXAMINATION			